

#HelloYellow

**BRIGHTEN UP
THE CLASSROOM
FOR YOUNG PEOPLE'S
MENTAL HEALTH**

This World Mental Health Day we're saying
#HelloYellow in our school to show young people
they're not alone with their mental health.

Wear yellow on **10 October**
and donate **£1** to YoungMinds



YOUNGMINDS.ORG.UK/HELLOYELLOW

YOUNGMINDS