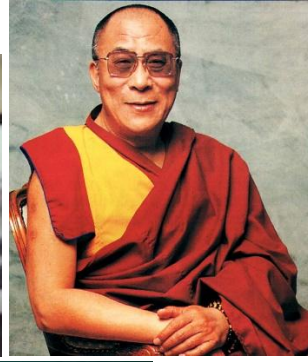




LARCHES HIGH SCHOOL OPTIONS BOOKLET



GCSE Art and Design

We currently are following the AQA Art and Design syllabus.

According to your interests and ability you have the **choice** of the following specialisms or a broad course that covers a selection of areas.

- **Unendorsed** - you will follow a broad area of Art and Design
- **Fine Art** – If you have a talent and an interest in Painting and Drawing then this will suit you.
- **Textiles/Fashion** - you have the opportunity to produce textiles artwork and work on fashion design projects.
- **3D** - if you like making things you could be working in any material such as ceramics, card, fabrics and mixed media.
- **Photography** - this is a new area here at Larches High and you will cover the basics of digital photography to produce creative images and photographs. You will need a sound understanding of ICT to complete this endorsement as it is an important part of the course.
- **Graphics** - this is suitable if you are more interested in producing a more commercial style of artwork using Graphic images and ICT you will produce work such as posters, CD covers and advertising campaigns.



Coursework All work completed in class will go towards your GCSE and accounts for 60% of the total GCSE mark. The syllabus follows a logical course of research, planning and developing through experimentation to produce a final piece showing your ideas. Work must also be annotated to explain your thoughts and ideas clearly.

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Exam

You will also be required to take a timed test which takes the form of a mini project which will account for the other 40% of your grade. You will be guided by experienced staff and as long as you can complete all the pieces of work set for you, we expect every Larches pupil to achieve a good grade.



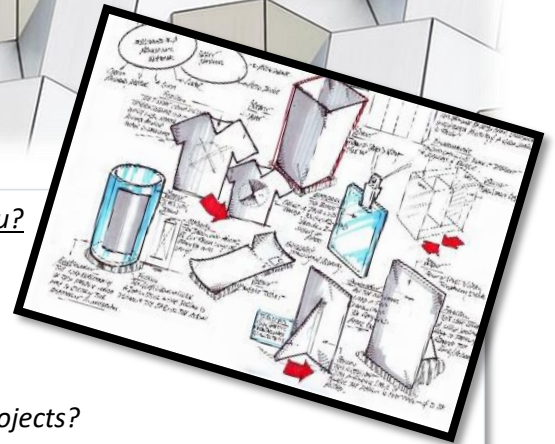
Check us out on Pinterest @Larches Art for inspiration



Three-Dimensional Design

Is Three-Dimensional Design for you?

- Are you creative?
- Are you imaginative?
- Do you enjoy problem solving?
- Are you motivated and can you commit long term to ongoing projects?
- Can you take a paper based idea and develop it through to a finished 3-Dimensional object?
- Do you have a broad range of skills both communications based (drawing, annotating, analysing & evaluating) and practical based.



GCSE Three-Dimensional Design (Art & Design-AQA)

This subject is intended for students who enjoy designing and making 3D products. It is aimed at pupils with a preference for the type of processes, equipment and materials used in Design & Technology during KS3 (e.g. Woods, Metals, Plastics, Mechanisms, Electronics, 3D Constructions), and wish to further continue in those workshops/classrooms.

Year 10 and 11 both involve short practical skills building activities, where new processes and skills will be explored and developed. Extended design and make assignments also take place where more time is given for imaginative ideas to develop, and making skills to be explored in greater depth. During year 11, students also complete a final assignment set by the exam board, 50% of the total marks. The ability to research and analyze existing products and designers will be developed, along with sketching/drawing skills, how to best respond to a design brief, how to carry out written annotation and how to effectively evaluate designs and products with creativity and originality

Students will have the opportunity to use traditional skills and modern digital technologies



Hospitality and Catering



In this subject we will be learning all aspects of the following:-

- Health, safety and hygiene
- Food presentation, cooking and presentation
- Nutrition
- Menu planning
- Portion control and costing

The course will also cover aspects of:-

- The industry – food and drink
- Job roles, employment and training
- Specialist equipment (for food preparation, cooking and serving)
- Communication and record keeping
- Environmental considerations



This BTEC qualification will cover both practical and theory lessons and is coursework based. With motivation, attendance and commitment to the subject you will have no problem achieving a good grade.

If you are a bit of a foodie, come and give it a try!!!

Physical Education



Physical Education at Larches is designed to engage young people both KS3 and KS4 in physical activity to support both physical and mental health and ensure a long term interest participating in sport. We deliver an engaging, fun and exciting learning environment where the teaching is both challenging, progressive and supportive. Pupils develop key physical attributes, emotional resilience and a number of key social skills by working cooperatively and confidentially in teams.

Core Physical Education

All pupils take part in Core PE as part of their school curriculum, from Year 7 through to Year 11. Pupils work on sports specific units lasting no more than 6 lessons at a time. Teachers routinely model tasks and use expert questioning techniques to develop pupils understanding. The specific aim is to improve the quality and range of skills across a variety of activities in order to support the sports available.

How will I get a GCSE in Physical Education? (Edexcel Full Course)

Pupils can undertake the two year GCSE course starting in Year 10.

Written Examination – This will consist of a mixture of multiple-choice questions, short-answer questions and longer-answer questions on the following topics, fitness and body systems and health and performance. This will make up **60%** of the qualification.

Practical activities – You will get the chance to learn and develop your skills in a wide variety of sports, building on the core techniques learnt during core PE lessons. The course requires pupils to choose three sports to be practically assessed in. Pupils will choose the three sports in which they will score the highest marks.

If Pupils participate in sport outside of school, then other arrangements can be made for pupils to be assessed at their club. The assessment will consists of students completing three physical activities from a set list. One must be a team activity; one must be an individual activity and the other is your choice. This will make up **30%** of the qualification.

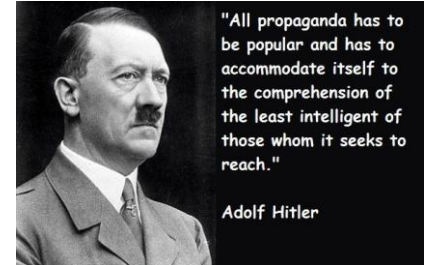
Coursework – Pupils will be required to plan and follow a six-week personal exercise programme (PEP) designed by themselves before completing their individual programme. This plan will show progression and work towards an end target or goal. This will make up **10%** of the qualification.

GCSE History



Throughout KS4, students gain a detailed knowledge and understanding of the past and develop the skills needed to investigate it. Students follow the Edexcel course. The course investigates a range of different historical periods such as Medicine in Britain, Early Elizabethan England, The American West and Weimar and Nazi Germany.

Some of the topics from KS3 reappear in KS4 but they study them in more depth. An example would be WWII and Nazi Germany. Good written communication is at the core of GCSE History and candidates will develop their ability to produce both well written and well-structured essays.



Topics Covered in Year 10:

- Medicine in Britain from 1250–Present Day
- Early Elizabethan England, 1558-1588
- The American West 1835-1895

Topics Covered in Year 11:

- The American West: Conflicts and conquest, c1876–c1895
- The Weimar Republic 1918-29
- Nazi Germany up to 1939

Hair & Beauty

Hair and Beauty will be taught on site at Larches High School covering both theory and practical sessions that will help the learners to understand aspects of the hair and beauty industry and to cover some of the knowledge and practical skills required to work successfully within it.

You will cover in the 1st year; A Goal Setting Module and A Facial Module.

In Year 2 you will cover the following Modules; Being Organised, Nail Art, Hair or Makeup.

If you are interested in this subject or you wish to pursue a career in Hair and Beauty then this is the perfect stepping stone to continue studying Hair and Beauty at College. The skills and knowledge you will learn in this subject are key for progression in education but also are crucial for work and life.

Each module is very detailed and goes into how to prepare for beauty/hair treatments and all the health and safety aspects of the treatment, along with how to carry out the treatment safely and with customer care at the focus. The Practical sessions are fun and fit in with the modules you will be working on.

Pupils can gain the following accreditation at the end of the academic year:
BTEC Level1 Award/Certificate/Diploma in Introductory Hair and Beauty



Level 1 Award in Health and Social Care

Who is this Level 1/2 Award in Health and Social Care for?

This course is designed for learners aged 14–16 who have an interest in health and social care and wish to develop skills and learn the theory that can prepare them for further study and employment within this sector. It will particularly appeal to learners who are looking for a course that is practical in nature.

Description of the course:

The course content provides learners with a stimulating and engaging introduction to the health and social care sector. It covers a range of skills and in-depth knowledge in different aspects of growth and development. Students will develop essential knowledge in health and social care services and demonstrate some care values throughout the course to enable them to care for others in need.

What will learners study?

Learners will complete three mandatory units (one externally assessed and two internally assessed) spread across 120 guided learning hours. This is a two year course.

Unit 1: Improving the wellbeing of an individual

Learners will choose a client and carry out a range of testing techniques to measure and evaluate their health and then produce, implement and review a plan that will aim to make lifestyle changes that could improve their health. They will then review and evaluate the impact this plan has had on their chosen client.

Unit 2: Promoting healthy living

In this unit learners will research and evaluate existing health promotion campaigns and then plan and deliver their own health promotion campaign. This involves an element of creativity that learners will enjoy, particularly as they will have the freedom to choose the type of materials they produce, from posters or wall displays in schools to promotional videos or radio scripts. At the end, learners will review and evaluate the success of their campaign.

Unit 3: Development through the life stages

Learners will study the fundamentals of health and social care and acquire the underpinning knowledge required to carry out the two practical units. This knowledge will be relevant when considering future career choices and further study options. This unit covers:

- The stages and patterns of human growth and development
- Expected development at each life stage
- Life events
- Sources of support/services for life events
- Roles of professionals from the sectors who are involved in supporting life events
- Definitions of health and wellbeing

Construction and Building Crafts



The Open Awards Level 1 Diploma in Exploring Construction and Building Crafts is a qualification designed to introduce you to the basics of the construction industry, providing you with foundational knowledge and skills.

You can then progress onto the Level 2 Diploma in Construction and Building Crafts which can lead to further training or employment in construction related areas.

You will gain fundamental understanding of construction practices, safety procedures, tools, and terminology across various trades like bricklaying, carpentry, painting, and plastering over a two year period.

This course is also intended to recognise personal growth and engagement in learning while developing employability skills and knowledge. It is not solely a 'Trades' course.

What will you study?

The course allows you to build up credits to achieve a Certificate, and in the second year a Diploma. Units on the course include:

- Introduction to Environmental Sustainability
- Health, Safety and Welfare in Construction
- Problem Solving in the Workplace
- Exploring Painting and Decorating
- Produce Basic Woodworking Joints
- Group and Teamwork Communication Skills
- Developing Brickwork Skills
- Plastering Techniques



How will I be assessed?

You will need to complete a portfolio that is set and marked in school which demonstrates sufficient evidence that you have the knowledge, skills and understanding required to achieve this qualification.

