



LARCHES

HIGH SCHOOL

**Child Protection and
Safeguarding Information for
Parents/Carers 2025–2026**

Larches High School

Moor park

Preston

PR1 6AA

Telephone (01772) 792412

This information booklet is designed to give you some information about Safeguarding at Larches and how we will work with you to keep your child safe. The full policy is available on the school website and it was approved by Governors on the 1st December 2025 and will be reviewed in September 2026.

What is Safeguarding?

Safeguarding is our legal responsibility to keep all pupils safe and protected from harm.

It is:

- protecting children from harm
- Ensuring that children grow up in homes which are safe and provide effective care
- Taking action to enable all children to have the best outcomes
- Preventing impairment of children's mental and physical health or development

At Larches we are committed to this duty and place a high priority on safeguarding and will work with you to keep all pupils safe.

At Larches High School every member of staff has a responsibility to keep our pupils safe.

Safeguarding Team at Larches

At Larches the Designated Safeguarding Leads are: -

- ◆ Mrs C Mitchell (Head Teacher)

The back up designated Safeguarding Leads are

- ◆ Ms E Lumsden (Behaviour Manager)
- ◆ Mrs L Morrow (Attendance Manager)

Our Safeguarding Team, made up of all the Designated Safeguarding Leads meet regularly to discuss every pupil and to ensure that appropriate support and monitoring is in place to keep them safe.

Prevent

Larches High School has a statutory duty under the Counter Terrorism and Security Act 2015 to prevent pupils from being drawn into terrorism.

The Prevent lead at school is Mrs C Mitchell (Headteacher).

Should you have any concerns in relation to this please contact her directly.



**Keeping children
safe is everyone's
responsibility**

Levels of Support available

At Larches we will work with your consent and in line with the Lancashire Continuum of Need.



Level 1 Universal support with no other partner agencies involved.

Level 2 is Universal Plus which means providing Early Help support as soon as the need emerges. The Larches Family Support Team lead on this area and will work closely with yourselves to provide any support that is required eg a child being drawn into anti-social behaviour; misusing drugs; housing concerns; financial worries. We will liaise with other agencies as is required to ensure effective support is put in place.

An Early Help Assessment may also be completed if we feel your child has additional learning needs and will support any referral we make to Inclusion for statutory assessment for an Education, Health and Care Plan.

Level 3 Intensive Support will be provided by Child and Family Wellbeing service and school jointly.

Level 4 Specialist Support will be provided by Children's Social Care in conjunction with school.

I can keep myself safe, I don't need anyone getting involved.

We know you can keep yourself safe. We just may be able to help.

I am safe. You are worrying about nothing.

It's our job to worry, that's what we are here for.

Will social workers take me away from my family?

Social workers' main job and role is to keep families together.

Please don't tell anyone.

We don't always have to tell someone else, but we do, if we think you're unsafe.

Will I get into trouble for telling people things?

You will not get into trouble, telling the truth is always the right thing to do.

I don't need a worker.

You may not need one, but they are lovely and can help you with things.

Will I have to move house/school?

We do not know all the outcomes now, so no point worrying about it.

I'm fine. I don't need any help.

You may not, but no harm in talking to someone to get some good advice.

I don't want CSC.

CSC don't always have to become involved.

Helpful Resources

Support and Advice:

Lancashire Children Social Care: 0300

123 6720 (Monday—Friday 9am-5pm) 0300

123 6722 (Out of Hours)

Drug & Alcohol Support:

Young Addaction (under 25) - 0808 164 0074

Targeted Youth Support—delivered through key neighbourhood centres and youth zones

Talkzone - advice for young people and their families

Available every day from 2pm-10pm

Telephone: 0800 51 11 11

Text: 07786 51 11 11

Talk online: lancashire.gov.uk/youthzone **Useful**

Apps:

Mindful Gnats: An app to help young people develop mindfulness and relaxation skills.

Mindshift: A free app designed to help teens and young adults to cope with anxiety.

Moodtracker: A website and app which lets you track your mood and sleep patterns, helping you to manage depression and anxiety.

Moodgym: A free, fun and interactive programme to help young people with low mood.

Recovery Record: A smart companion for managing your journey to recovery from eating disorders.

Rise Up and Recover: A simple and convenient app that helps you if you are struggling with food, dieting, exercise or body image.

Superbetter: A free app to help build personal resilience and boost physical and emotional wellbeing.

Helpful Resources Continued

Liaison & Diversion Service:

NHS: 111 or <https://111.nhs.uk/> for non emergencies, for a medical emergency call 999

Childline: 0800 1111

Suicide and Self-harm:

Papyrus: 0800 068 4141 Text 07786 209 697 Email pat@papyrus-uk.org **Counselling**

Brook Counselling Service: St Peter's Health Centre, Burnley, 01282 416596

Emotional and Mental Health

Young Minds: A leading charity committed to improving the emotional wellbeing and mental health of children and young people. There are excellent sections on information and advice, with a comprehensive list of publications, websites and helplines. www.youngminds.org.uk

Mindsmatter (from 16 years only): You can self -refer for psychological intervention for common mental health problems, including stress, anxiety, low mood and sleep difficulties.

Other Resources

The Mix: Can help you take on any challenge you are facing from relationships, mental health to finances. You can talk On Line, on social media or on the free confidential helpline. 0808 808 4994 www.themix.org.uk

Lancashire LGBTQ—01772 717 461 www.moodjuice.scot.nhs.uk: useful links and resources for selfhelp on emotional health and wellbeing

Self-help books are available at: www.ntw.nhs.uk/pic/selfhelp/ Sexual Health: Contraception and Sexual Health service 15-24 yrs LCFT www.cashlancashirecare.nhs.uk 0300 1234 154